



# SUCCESS STORIES

FROM THE SELF HELP GROUP APPROACH



NAFIS AND KNH

Self Help Group - Unleashing human potential

# I Became Alive Again

Fatumo is a 45-year-old mother which has been blessed with nine children. Because she is a mother living with HIV/AIDS, Fatumo did not have any friends, family, or neighbours to help her.

Her community had a wrong idea about HIV/AIDS for various reasons mainly due to lack of knowledge and information about the illness.

“I would regularly move to houses at the edge of town for internally displaced people with my family, as I would not be able to live with others from the community due to my illness.

“Normally when people find out where I live, they would also know about my illness and I would move to another area where we are not known where my children and I could live.”

“I live quite lonely, I don’t interact with my neighbors or those from the local area because I’m scared that people will find out and myself and my children might be at risk.”

Sometime later, Fatumo moved to an area called Ayah 2 also known as Fallujah where GAVO have set up Self-Help Groups and she rented a small house.

When staff of the organization visited her house, they saw her situation at hand and advised her that the Self Help Group Approach can help her family and her standard of living.

Staff of the promoting organisations of the Self Help Group started awareness raising about HIV/AIDS predominantly to Self Help Groups educat-

ing members that the illness cannot be transmitted through touching, coughing, sneezing or eating together etc.

GAVO attached her to a support group for people such as herself suffering from the same illness so she could receive extra treatment and help.

She also joined a Self Help Group called Mustaqbal. She was encountered with a very warm welcome. During SHG meetings when her turn comes around the group visit her home and drink the tea she has made and she manages the meeting and everything included in carrying out the meeting.

“I am very happy now; I became alive again. Even my children that were not welcomed have gone back to their schools” explained Fatumo when speaking to community facilitators.

Fatumo get investment of 1,000,000 Somaliland Shillings from her group and started her own business by selling clothes and her fellow SHG members and those in the local area became her customers.



I am very happy now; I became alive again. Even my children that were not welcomed have gone back to their schools and have friends.



# Being Disabled Does Not Mean Unable

**A**sha is a mother who is disabled and she have 3 children (2 boys and 1 girl), she lives in Beer Village, which is in north/east for Burao city, around 20 KM, her husband is the breadwinner in the family and the family was content with the situation.

However, the happiness of the family took a turn when the husband began not to come home at night. Asha explained that when she would talk to her husband it would always end in an argument. She then decided to keep quiet as she thought this would push her husband away and wait to see how things turned out.

Nevertheless, Asha's husband decided to marry again and after just a few days he married his second wife. This was completely devastating for Asha as she did not expect such a sudden decision.

For the first week of his new marriage Asha's husband did not come to the house he and Asha had shared with their kids apart from to give Asha money to pay for the bills and food. Asha was not able to adapt to this new behavior of her husband; her morale was low yet there was nothing else she could do yet keep patient.

The relationship between Asha and her husband slowly became worse till it reached the point where Asha's husband did not come to the family house completely. Bills started to pile up for Asha, she was aware that her husband's income was not enough to now provide for two households.

Fortunately, the SHG approach concept was introduced in Beer village by local NGO – The Agricultural Development Organisation (ADO) and Asha became one of the first members who joined this Self Help Group.

SHG approach based on unleashing human potential in creating an environment of weekly saving, set-up a business, coming together and trusting one another.

She was an active woman with innovative business ideas and come up with a business idea by making chapatti and samosas and selling them to members of the local community.



Because this work did not require her to leave her home and sell in the middle of town, she was still able to look after her children and take care of household duties and also work.

Business was booming from the start for Asha and she moved on to selling her products to local stores and opens her own small shop.

Remembering the problems, she faced Asha stated “Discrimination, abuse and discernment are things that our people are born with, especially among women. How can you work when you're disabled, you should just stay at home, and take care for your children?”.

“However, the SHG Approach concepts, objectives and members I benefited from encouragement, cohesions, investment and trainings. It was an eye opener” and added that “I am now able to cover all my personal needs along with my family's needs. My children now go to school; there is nothing I

”  
I am thankful to SHG approach which have shown the community being disabled does not mean unable and hope to improving my income now.  
”

need from anybody else. All thanks to God and the ones which gave us this concept and led us towards this approach with supporting us to become successful.

I am now able to cover

## A life full of Miracles

**M**alyuun is a forty-year-old mother with nine children. Her family life was good and appeared as joyful to her extended family and those in the neighborhood could see this and admired them because of this. Of her children, eight were studying and they were gleaming with excitement.

Malyuun was the bread-winner for the family until one day she began to feel pain in her eyes and was quickly taken to hospital, but however was told there was nothing that could be done about this pain with the facilities available in this Country. The family's properties were then sold in order to treat the mother's illness and to be taken to the neighboring country, Ethiopia.

When examinations were done, she was told that nothing could be done for her here and she would need to go to a foreign country to receive treatment. In addition, it was added that if any sudden treatments were not done, this illness could lead to deafness. The situation at hand meant she would need to return home and be patient.

"People remember you or like you when you have something. My friends and family were no-where to be seen even my husband started to become distant". Malyuun explained with a sad tone in her speech. Her children were taken out of school and her family began to eat only one of three meals a day.

When the children were taken out of school some worked as bus boys and some others become laborers, anything that they were able to gain money from. Some of her children would collect some small stones and they were sold for the big tracks. But this task was not easy and could take weeks or even months. When the situation of the family became very difficult staff promoting the SHG approach from GAVO visited her village. They started



to visit very poor families. Staff from the SHG community facilitators introduced themselves to those in the neighborhood and they met with Malyuun's family and were satisfied that this could benefit her and her family. This was the first SHG set up in this Fallujah village on the 13th November 2013 called Tawakal.

Malyuun was unable to see but was still striving to start up a business as her children would help her. Tawakal organization pledged to give Malyuun priority once the loan process began. Typically for SHG organizations, the most vulnerable member of the group is the first to be given a loan to cover their daily expenses.

Malyuun came with a business idea that she would buy and sell 8 bags of charcoal and that her neighbors would become her customers so she could receive income for her family. Gradually her businesses produce profit and added buying a water tank so she is able to keep filling it and sell water to members of the village especially for their children to further increase income for her family.

Malyuun now has several businesses and all her children work. She believes "If you put your trust in Allah, no one will be able to stand in your way to reach your goals." My live is miracle and in the future, she hopes to have large commercial businesses, God willing.

# Businesses Run By Women Can Be Successful

**S**habcaan is a mother with six children and a member of Barwaaqo Self Help Group in Mohamed Mooge Area. Before Shabcaan joined this self-help group she was living under poor conditions along with her children.

She didn't mind whether or not her children learnt or studied as she was struggling to provide for the needs of the family because the father of her children was suffering from mental illness and Shabcaan did not have any other financial support or simply someone to help them.

“In my mind I didn't think of working or want to work as I thought I would not be able to work with my children at home along with their father. I generally believed in the saying Somalis use “Businesses run by women are not successful.

“ I loved those that would give us food we could eat for one or two days, but the community often don't like those that ask a lot.”

When this mother first found out about the SHG approach, she didn't understand the concept of holding together as a group which is united but still joined the group quite reluctantly.

When she was a member of the group for some time, she understood that those that have less can still come together and do something beneficial together. This proved the trainings and concepts provided by Candlelight (Local NGO) were in fact correct.

The self-help group she joined gave her a special re-assurance and encouragement that she can work and do anything and she was initially given a loan of 300,000 SL SH.



She set-up a small shop which became her living and she was able to sustain their everyday needs. She was also able to then feed her children three times a day, and send them to school.

This mother now welcomes this SHG Approach, which are targeted at families which give more consideration to the poor who do not have much. She

”  
All thanks to God and the ones who provided us with this concept and led us with this approach in supporting us to become successful  
”

also said “The SHG approach is the key to self-sufficiency, as I've been able to provide for my children and pay for their schools.”

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# Dib Ayaan Usoo Noolaaday.

**F**aadumo waa hooyo 45 jir ah ilaahayna ku ir-saaqey 9 carruura. Faadumo ma laha asxaab, ehel iyo qaraabo u gargaarta ama ay nolosha la wadaagto sababta oo ah waa hooyo la nool ama uu asiibay xanuunka dilaaga ah ee HIV AIDS.

Bulshadeenu waa qaar fikir qaldan ka aaminsan xanuunka dilaaga ah ee HIV/AIDS iyada oo ay siyaabo kala duwna uga wacan tahay haba ugu badnadeen wacyi galin la'aan ama aqoon la'aan bulshada dhexdeeda ah.

Maalinba xaafadaha ugu kooneeya magaalada ee barakacayaasha ayey daga jirtey aniga iyo qoyskooduba sababta oo ah bulshada oo aanan ku dhex noolaan karin xanuunka aan la noolahay awgii.

Inta badan marka la I ogaado xaafada aan daganahay waa laga qixin jirey markaasi ayaan u guuri jirey meel kale oo aan la iga aqoon si aan aniga iyo carruurteyduba ugu noolaano.

Waxaan ku noolahay kali, jaar iyo jiiraan midnaba lama xidhiidho aniga oo ka baqanaya in la I aqoonsado dabadeedna aniga iyo caruurteydaba dhibaato naloo geysto.

Mudo ka dib waxay u soo guurtay xafadan Ayaha II ama faluuja oo ay GAVO ka wado hanaanka ururada Dan-wadaag, markii hawshan la bilaabaayey ayaa lagu booqdey gurigeeda waxaana la soo ogaadey xaladeeda dhabta ah waxay goosteen in ay hanaanka ururada Dan-wadaag uga faa'iideeyaan qoyska dhiban ee nolosha fakadka kaga jira.

U adeegayaasha bulshadu waxay u sheegeen in aan Dan-wadaag cidna lagu takoorin haday ku soo biirtana ay yeelan doonto jaar

fiican iyo walaalo cusub cid danbena aanay takoori onin.

Hawladeenadii hanaankan Dan-wadaag waxey bilaabeen iney ka wacyi galiyaan bulshada xanuunka dilaaga ah HIV/AIDS gaar ahaan ururda xaafada ka

jira oo dhan iyga oo usheegaya in xanuunsidahan HIV/AIDs aan la iskug gudbin taabashada, qufaca, hindhisada wax wada cunka iwm.

waxay ku biirtay Ururka Dan-wadaag ee Mustaqbal la yidhahdo. waxay kala kulantay soo dhawayn balaadhan waxaa loogu tagaa gurigeeda maalinteeda oo shaaha ay kariso lala soo cabaa shirka dhana iyadaa maalintaa hogaamisa waxayna maamushaa waxa maalintaa shirka ka socda oo dhan.

Waxa lagu xidhay Talo-wadaag oo lagu kaalmeeyey dadka sideeda la nool xanuunkan si daawo iyo xanaanayn dheeraad ah ay uga hesho.

“Niyadeydii hada aad bey ufiican tahay waxaan noqdey qof dib usoo noolaadey, xiitaa carruurteydii la firdhin jirey waxey dib ugu soo laabteen dugsiyadii ay dhigan jireen”. Sidaasi waxa tidhi Faadumo oo ay wareygisan ka soo qaadayeen u adeegayaasha bulshadu.

Faadumo waxa la siiyey maalgalin waxayna ku bilodday ganacsiga Haafta ee dharka la iibiyo waxaan macmiil u noqotey xubnaha ururka ay ku jirto iyo xubnaha ururada kale ee xaafada ka jiraba.



Cudursidaha HIV/AIDS laguma kala qaado taabashada, wax wada cunista, qufaca, hidhisada, dhar kala xidhashada iwm.





# Horumarkaad hiigsaneyso laxaad la'aantu kaama hor joogsan karto

**C**aasha waa hooyo naafo ah, oo dhashey saddex carruura (laba wiil iyo gabadh) waxey ku nooshahay tuulada Beer oo waqooyi bari ka xigta magaalada Burco una jirta 20 km. Reerka waxa ushaqeeya odeyga waxeyna ku noolaayeen farxad wanaagsan. Waxey reerkii namcadaasi ku jiraanba wuxuu bilaabey odegii inuu habeenada qaarkood aanu soo hoyan. hadii ay caasha waxa heley ka wada hadleena uu ugu jawaabey waaban kula guursan doonaa, waad hadal badatee. Arintaasi waxay ku keentey caasha iney aamusto reerkeedana wadato wixii dhacayana ay sugto.

Dhowr maalmood ka dib odegii waaba aroos, loo soo hooyey gabadh kale wuxuuna tuulada ka dag-ey qarka kale. Todoba bixii ka dib wuxuu bilaabey inuu dhowrkii maalmoodba mar yimaado gurigiisii hore isaga oo biilkan u keena. arintani waxay ku noqotey Caasha mid aan la qaadan Karin, waxaana isbadashey shucuurteedii iyo moralkeedii arintaasi-na waxay isku dhaafin jirtay samir iyo dulqaad. Wuxuu xaalku sidaasi ahaado, wuxuu bilaabey odegii qoysku inuu guud ahaanba joojiyo imaanshi-hii qoyska iyo masaariiftiiba.

Caasha arintan wey u adkeysan weydey waxeyna arintii la wadaagtey odayaashiisa isaga xigey ama u dhawaa. Ergeyntii odayaashu meyna noqon mid midho dhal ah mar hadii uu wali reerkii biil laayahay.

Waxa Caasha arinteedii maqley reerkoodii kuwaasi oo wixii masaariif ah ee asaasi ah siin jirey. Culeyskan dhaqaale awgeed, waxey awoodi weydey inay carruurteeda ka bixiso agabka dugsiga looga baahan yihiin weyna ka saartey. si ay ugu adeegaan uguna soo dhaamiyaan biyaha ama xaabada uu



qoysku ubaahan yahay.

Nasiib wanaag, hayada wadaniga ah ee ADO ayaa waxay ka bilaabtey hanaanka ururada Dan-wadaag tuulada Beer taasi oo ay Caashina ka mid noqotey xubnihii ku soo biirey. Caashi waxa ahayd qof firfircoon oo leh hal abuur ganacsi laakiin aan haysan cid dhiiri galisa ama maal galisa.

Caasha markey la timidey fikirkeedii ganacsi waxa la siiyey maalgalintii lacageed ee ay ubaahneyd waxayna bilowdey sameynta Sabaayada iyo Saanbuusaha. Shaqadani uguma baahna iyada socod iyo dhaqdhaqaaq badan, iyada oo gurigeeda iyo carruurtey ilaashaneysa ayey hadana dhinac ka shaqeysan kartaa. Ganacsigii si tartiiba tartiiba ayuu usii balaadhey ilaa uu isku badaley ganacsigii tukaan iyada oo aan ka tagin sidoo kale sameynta sabaayada iyo saanbuusah



Waxaa mahad oo dhan iska leh hanaanka Dan-wadaag kaasi oo bulshada tusay horumarintaad hiigsaneysida laxaad la'aani kaama hor istaagi karto.



## Noloshii mucjisada lahay

**M**alyuun waa hooyo 40 jir ah, oo leh sagaal ciyaala, Nolasha qoyskooduna ay ka muuqato farxad iyo rayn reyni taasi oo ay dadka ehelka iyo jaarkuba ay ku xantaan reer jacely ku dheehan yahay. Caruurta laftooda oo ah sideed waxbarashooda iyo aragooduba uu ku soo jiidanayo oo aad dushooda ka dhashaneyso.

Farxada iyo reen reentii qoysku waxey dhamaatey markii xanuun xaga indhaha ihi ku soo boodey Malyuun oo ahayd hooyada ushaqeysa qoyska, taasi waxey keentey inay loola cararo dhakhtarka hase yeeshee waxa loo sheegey inaan waxba lagaga qaban karin xanuunkeda dalka.

Qoysku wuxuu uu haystay hanti oo dhan waxa lagu geeyey dalka aynu jaar ka nahay ee Itoobiya si loogu soo daweeyo. Baadhistaano ka dib waxa loo sheegey inaan waxba laga qaban karin halkaasi oo ay u baa-han tahay in la geeyo wadanada dibada waliba wax lagu daray hadii aan si dag deg ah wax looga qaban waayo in uu xanuunkani keeni karo dhago la'aan. Reerku ma haysto dhaqaale kale oo intii ay hayeen-ba waxay kaga baxdey itoobiya, sheekadu waxey noqotay dalkeeda ku soo celiya samirkeedana ha qaado.

Dadka waxaad wax isku tihiin ama ay ku jecley-ihiin markaad wax haysatid, dadkii iyo qaraba-diiiba waxey bilaabeen inay ka goostaan. Malyuun xataa odaygeydii wuxuu ka mid noqdey dadkii ka fogaadey. Sidaasi waxa tidhi Malyuun oo murugo ka muuqato. Caruurta waxey ka soo baxeen dug-sigii ay dhigan jireen reerkana saddexda wakhti hal mar ayaa loo dhandhaaraa.

Talo waxay ku soo ururtay inay caruurta dug-siga waxbarashda ka soo saarto oo qaarna kirishbey no-qdaan, qaarna kuuli oo sameeyaan wax kasta oo ay wax ku soo saari karaan. Qaar iyaga ka mid ihi waxey ururin jireen jeega Ayaha I (Faluuja) kaasi oo ay ka iibin jireen isrogooyinka. Laakiin hawshaasi ma dhib yara, oo waxay ku qaadan jirtay tobobaado



ama bilo, lacagtaasina waxba kagama dhacdo masaariifka reerka.

Hadaba xaalka qoyskaasi markuu halkaa adag maraayo ayaa waxaa xaafada ka hana qaadey Hanaanka ururada Dan-wadaag, waxay la kulmeen qoyska Malyuun waxayna ku qanceen in ay uga faa'iideeyaan qoyska dhibaataysan hanaanka ururada Dan-wadaag ee ka aasaasayeen ururadii ugu horeeyey ee xaafada taariikhdu markey ahayd 13/11/2013 kaa oo la yidhaa Tawakal.

Malyuun waxaay la timi fikir ganacsi oo ah in ay siisan lahayd 8 kiish oo dhuxul ah ka dibna ay jaar-keedu macmiil unoqdaan ama ay ka qaatan si ay dhaqaale qoyskeeda ugu hesho madama ayna waxba arkayna ay carruurteedu ka caawiyaan.

Iyada oo ganacsigeedii u sii socdo waxaa kale oo ay mar labaadkiina hadana la timi fikir kale oo ganacsi oo ah in ay taangi soo iibsatao biyaha loogu shubo si ay xaafada biyaha uga iibiso oo carruurta u iibin lahayd halkaana ay dhaqaale qoyskeeda uga soo kordhin lahayd.

Ilaahay wuu ku garab galey ganacsigiina koobaad iyo kii labaadba wuu u hir galey noloshu qoyskeediiina wuu isbadaley waxeyna si tartiiba ah u bilowdey iney carruurta ka joojiso shaqadii oo ay dug-siga waxbarashda dib ugu noqdaan.

Malyuun hada waa ganacsato dhawr ganacsi leh caruurteediina ay wada shaqeystaan aaminsan sidan "Hadaad ilaahay talo saarato, laxaad la'aantu kaama horjoogsaneyso inaad hadafkaaga gaadhid".

# Ganacisaga Dumarku Horumard Buugaadhaa

**S**habcaan waa hooyo dhashay 3 carruur ah waxay ka tirsan tahay ururka barwaaqo ee xaafada Maxamed Mooge, hooyadani ka hor intii aanay ku biirin ururkan Dan-wadaag waxay ahay mid ku nool nolol aad u liidata iyada iyo caruurteeduba.

May kala jecleyn iney carruuteedu wax ubartaan iyo in kale, madaama ay la daalaa dhaceyso quudintooda, sababta oo ah Aabaha caruurteeda dhalay waxa uu ahaa bukaan xagga dhimirka ah may haysan cid kale oo haba yaraatee dhaqaale ku taageerta ama ku gargaarta.

“Firikeyga kumeyna jirin ama maan jecleyn in la igu dhiiri galiyo inaan shaqeysto sababta oo ah waxaan ka fikiri jirey sideed u shaqeynan kartaa adiga oo ay guriga kuu joogaan carruurtii iyo Aabahoodba. inta badana waxaan aminsaan jirey halku dhega soomaaliyeed ee yidhaahda, Dumarka ganacsigoodu meel ma gaadho!

Waxaan dadka ugu jeclaa ka na siiya maalintasi waxaanu cuno ama laba maalmood, bili’aadmunkuna inta badan ma jecla qofka baryada badan”.

Hooyadani markii ay maqashey fikirka hanaanka Dan-wadaag waxa aad ugu adkaadey idinku isku tashada oo waxa qabsada, balse iyada oo ka caga jiideysa waxey go’aansatey iney iskaga sii jirto.

Mudo markey ku jirtey waxey fahan tahay in dadka danyarti ay isku tashan karaan oo ay wax qabsan karaan, taasina waxa u cadeysey tobobarada iyo fikradaha ay siisey Hayada wadaniga ah ee Candlelight

Ururka ay ku soo biirtay ee Dan-wadaag waxa uu ururku siiyay tixgelin gaar ah iyo dhiiri galin ah

iney wax walba qabsan karto islamarkaana waxa



uu ku maal geliyay lacag dhan 300.000 S/SH.

Waxaanay ku samaysatay ganacsi yar waxay iibin jirtay khudaar taas oo ay kala soo baxdo nolol maalmeedkeeda isla markaana waxay awood u yeelatay inay caruurteeda ka quudiso ganacsigaa yar caruurteeduna waxay wax cunaan saddex wakhti maalinti, sidoo kale waxay u awooday inay caruur-

”  
Hooyadani waxay aad iyo aad ugu bogaadisay habkan ama mashruucan Dan-wadaag kaas oo ay ku tilmaamtay inuu yahay mid ehel, garab iyo gaashaanba u ah dadka danyarta ah ee ay hayntoodu aad u yartahay.  
”

teeda wax barasho u dirto.

Hooyadani waxay aad iyo aad ugu bogaadisay habkan ama mashruucan Dan-wadaag kaas oo ay ku tilmaamtay inuu yahay mid ehel, garab iyo gaashaanba u ah dadka danyarta ah ee ay hayntoodu aad u yartahay.

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